

The background of the entire page features a detailed illustration of a bird, possibly a species of honeyeater, perched on a branch. The bird has brown and white plumage and a long, pointed beak. Below the bird, several pink flowers with yellow centers and long, slender green leaves are visible, extending across the bottom half of the page.

# The Women's Patch

FRIDAYS 10AM TO 12PM  
170 CORRIMAL ST, WOLLONGONG

**TERM 1 2024**

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## **Open Patch & Working Bees**

9 Feb | 16 Feb | 1 March | 15 March | 5 April | 12 April

NO Women's Patch on 8 March

## **23 February - Permaculture Design**

Presented by Narelle of A Garden for Life

REGISTRATION REQUIRED

## **22 March - Supporting Young Women through Puberty & Meeting Menopause**

Presented by Jessamy of Peaceful Birth Partnership &

Lizz of NSW Health ISLHD

REGISTRATION REQUIRED

## **12 April - Smoothies, Juices & Herbal infusions**

Presented by Elisa

REGISTRATION REQUIRED

Registration REQUIRED for ALL workshops. Open patch & working bee's are drop-in sessions. To register for workshops contact [wi@womenillawarra.org.au](mailto:wi@womenillawarra.org.au) or 4228 1499.